

Houdini Hawks Tale

DECEMBER 2023

Baby it's cold outside!

Dates to remember

- Dec. 6 PTO Family Night Out
Noodles & Co
- Dec. 7 Winter Concert Gr. 3 6:00
- Dec. 7 Winter Concert Gr. 4 6:45
- Dec. 22-29 - Winter Break
- Jan. 2 - School Resumes

Winter is here and the temperatures are dropping! Please make sure your child is coming to school prepared to be outside for (2) twenty-minute recesses each day. We keep students inside for recesses when the wind chill is below -5 degrees. Students must be wearing boots, snow pants, coat, hat and gloves to play on the woodchips, playground, and field areas. Students without those items will play on the blacktop and walking trail areas. It may also be helpful to keep an extra pair of gloves, socks and pants in your child's backpack in case their clothing gets wet under snow gear. Please contact the Houdini office if you need assistance getting any of these items as we can help!



We are in need of waterproof gloves for students. If you are able to donate them, please send them to the Houdini office.



winter concert

We are so excited to showcase our 3rd and 4th grade students' work in music for you on Thursday, December 7 at their only concert of the school year. Students are encouraged to dress nicely for this very special event!

We ask that all 3rd grade students arrive between 5:45 and 5:55 PM and report to their riser spots in the large gym. Their concert will start promptly at 6:00 PM.

We ask that 4th grade students in Mrs. Poss's and Mrs. Carey's class arrive between 6:30 and 6:40 PM and report to their riser spots in the large gym. Please do not arrive prior to this time as traffic and parking will be congested. The concert will start promptly at 6:45 PM. (4th grade students in Mrs. Vanevenhoven's class will be performing in January.)

Thank you for working together as a community to make this a successful night for all!

Mrs. Sara Crabtree, Houdini Music Teacher
crabtreesara@aasd.k12.wi.us

Mr. Matt Kierzek, Houdini and Foster Music Teacher
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APPLETON AREA

SCHOOL DISTRICT

HEALTH SERVICES * P.O. Box 2019, Appleton, WI 54911 * 920-852-5344

HAND WASHING CAN SAVE LIVES!



Hand washing is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and illnesses are spread by not washing hands with soap and water. It is best to wash your hands with soap and clean running water for 20 seconds. Although soap and water are more effective at removing germs, alcohol-based hand rubs significantly reduce the number of germs on skin and are fast acting.

Per the CDC, handwashing:

- Reduces the number of people who get sick with diarrhea by 23-40%
- Reduces diarrheal illness in people with weakened immune systems by 58%
- Reduces respiratory illnesses, like colds, in the general population by 16-21%
- Reduces absenteeism due to gastrointestinal illness in schoolchildren by 29-57%

When washing hands with soap and water:

- Wet your hands with clean running water and apply soap. Use warm water if it is available.
- Rub hands together to make a lather and scrub all surfaces, making sure to clean in between fingers, thumbs, the back of your hand and your wrists
- Continue rubbing hands for 20 seconds. Need a timer? Imagine singing "Happy Birthday" twice to a friend!
- Rinse hands well under running water
- Dry your hands using a paper towel or air dryer. If possible, use your paper towel to turn off the faucet

Remember: If soap and water are not available, use alcohol-based hand sanitizer to clean hands.

When using an alcohol-based hand sanitizer:

- Apply product to the palm of one hand
- Rub hands together
- Rub the product over all surfaces of hands and fingers until hands are dry.

When should you wash your hands?

- Before preparing or eating food
- After going to the bathroom
- After changing diapers or cleaning up a child who has gone to the bathroom
- Before and after tending to someone who is sick
- After blowing your nose, coughing, or sneezing
- After handling an animal or animal waste
- After handling garbage
- Anytime your hands are visibly dirty
- Before and after treating a cut or wound

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Lunch <ul style="list-style-type: none"> • Jumbo Crispy Chicken Tenders • Herb Breadstick • Classic American Cheeseburger Sides for All Meals <ul style="list-style-type: none"> • Seasoned Carrots • Fresh Broccoli Florets • Fresh Banana • Unsweetened Applesauce Milk & Condiments	Lunch <ul style="list-style-type: none"> • Whole Grain Waffles • Strawberry Banana Bash Yogurt • Breakfast Syrup • Crispy Chicken Patty Sandwich Sides for All Meals <ul style="list-style-type: none"> • Green Beans • Fresh Carrot Sticks • Baked Apple Slices • Blueberries Milk & Condiments
5	6	7	8	9
Lunch <ul style="list-style-type: none"> • Southwest Queso Pull Apart • Salsa • BBQ Rib-B-Q Sandwich Sides for All Meals <ul style="list-style-type: none"> • Seasoned Mixed Vegetables • Baby Carrots & Celery Sticks • Sliced Fresh Apples • Pineapple Tidbits Milk & Condiments	Lunch <ul style="list-style-type: none"> • Chicken Nuggets • Chocolate Tiger Graham Crackers • Pretzel Rod • Cheddar Cheese Cubes Sides for All Meals <ul style="list-style-type: none"> • Baked Beans • Sliced Cucumbers • Fresh Pear • Sour Cherry Lemon Frozen SideKicks Milk & Condiments	Lunch <ul style="list-style-type: none"> • Classic American Cheeseburger • Cheese Stuffed Breadsticks Sides for All Meals <ul style="list-style-type: none"> • Sliced Carrots • Fresh Broccoli Florets • Fresh Orange Wedges • Unsweetened Applesauce Milk & Condiments	Lunch <ul style="list-style-type: none"> • Personal Galaxy Cheese Pizza • Meatballs in Zesty Marinara • Rotini Pasta • Whole Grain Toasted Garlic Bread Sides for All Meals <ul style="list-style-type: none"> • Savory Green Beans • Fresh Grape Tomatoes • Fresh Banana • Chilled Peaches Milk & Condiments	Lunch <ul style="list-style-type: none"> • Whole Grain Blueberry Muffin • Cheddar Goldfish Crackers • Strawberry Banana Bash Yogurt • Low Fat Mozzarella String Cheese • Cheese Quesadilla Sides for All Meals <ul style="list-style-type: none"> • Seasoned Corn • Fresh Cauliflower Florets • Fresh Red Delicious Apple • Mandarin Oranges Milk & Condiments
12	13	14	15	16
Lunch <ul style="list-style-type: none"> • Crispy Chicken Patty Sandwich • Personal Galaxy Cheese Pizza Sides for All Meals <ul style="list-style-type: none"> • Savory Green Beans • Fresh Carrots • Fresh Whole Apple Gala • Chilled Diced Pears Milk & Condiments	Lunch <ul style="list-style-type: none"> • Chicken Nuggets • Whole Grain Dinner Roll • Ham and Cheese Wrap Sides for All Meals <ul style="list-style-type: none"> • Sliced Carrots • Red and Green Bell Pepper Strips • Fresh Pear • Mixed Fruit Cocktail Milk & Condiments	Lunch <ul style="list-style-type: none"> • Strawberry Parfait with Granola • Cheesy Italian Pull Apart • Marinara Sauce Sides for All Meals <ul style="list-style-type: none"> • Seasoned Corn • Sliced Cucumbers • Sliced Fresh Apples • Peach Cup Milk & Condiments	Lunch <ul style="list-style-type: none"> • Popcorn Chicken • Breadstick • Crispy Fish Sandwich with Cheese Sides for All Meals <ul style="list-style-type: none"> • Baked Beans • Fresh Broccoli Florets • Fresh Banana • Rosy Applesauce Milk & Condiments	Lunch <ul style="list-style-type: none"> • Chicken Corn Dog • Toasty Cheese Sandwich • Campbell's Tomato Soup Sides for All Meals <ul style="list-style-type: none"> • Rainbow Veggie Medley • Fresh Grape Tomatoes • Fresh Pear • Strawberry Cup Milk & Condiments
19	20	21	22	23
Lunch <ul style="list-style-type: none"> • Boneless Chicken Wings • Whole Grain Dinner Roll • Hot Smokey Ham & Cheese Sandwich Sides for All Meals <ul style="list-style-type: none"> • Baked Beans • Fresh Celery Sticks • Fresh Whole Apple Gala • Mandarin Oranges Milk & Condiments	Lunch <ul style="list-style-type: none"> • Classic Pepperoni Pizza • Sunbutter & Crackers Fun Lunch Sides for All Meals <ul style="list-style-type: none"> • Seasoned Peas • Fresh Broccoli Florets • Sliced Fresh Apples • Chilled Peaches Milk & Condiments	Lunch <ul style="list-style-type: none"> • Macaroni and Cheese • Baked WG Cheetos • BBQ Rib-B-Q Sandwich Sides for All Meals <ul style="list-style-type: none"> • Savory Green Beans • Sliced Cucumbers • Fresh Pear • Mixed Fruit Cocktail Milk & Condiments	Lunch <ul style="list-style-type: none"> • Whole Grain French Bites • Pork Sausage Patty • Breakfast Syrup • Mini Turkey Corn Dogs Sides for All Meals <ul style="list-style-type: none"> • Sliced Carrots • Fresh Grape Tomatoes • Fresh Banana • Chilled Diced Pears Milk & Condiments	Lunch <ul style="list-style-type: none"> • Beef Taco Meat • Top N Go Tostitos Tortilla Chips • Shredded Cheddar • Turkey Hot Dog Sides for All Meals <ul style="list-style-type: none"> • Corn • Fresh Carrots • Blueberries • Unsweetened Applesauce Milk & Condiments

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

- Breakfast**
- Oatmeal Chocolate Chip BeneFIT Bar
- Sides for All Meals**
- Sliced Fresh Apples
 - Assorted Fruit Juice
- Milk & Condiments**

2

- Breakfast**
- Soft Filled Cinnamon Toast Crunch Bar
- Sides for All Meals**
- Cherry Craisins
 - Assorted Fruit Juice
- Milk & Condiments**

5

- Breakfast**
- Banana Chocolate Chip Soft Oatmeal Round
- Sides for All Meals**
- Raisins
 - Assorted Fruit Juice
- Milk & Condiments**

6

- Breakfast**
- Blueberry Bash Waffles
- Sides for All Meals**
- Sliced Fresh Apples
 - Assorted Fruit Juice
- Milk & Condiments**

7

- Breakfast**
- Scooby Doo Graham Crackers
 - Strawberry Banana Yogurt
- Sides for All Meals**
- Fresh Pear
 - Assorted Fruit Juice
- Milk & Condiments**

8

- Breakfast**
- Strawberry Nutrigrain Bar
 - Low Fat Mozzarella String Cheese
- Sides for All Meals**
- Craisins
 - Assorted Fruit Juice
- Milk & Condiments**

9

- Breakfast**
- Chocolate Chip Ultimate Breakfast Round
- Sides for All Meals**
- Unsweetened Applesauce
 - Assorted Fruit Juice
- Milk & Condiments**

12

- Breakfast**
- Whole Grain Apple Cinnamon Muffin
 - Low Fat Mozzarella String Cheese
- Sides for All Meals**
- Sliced Fresh Apples
 - Assorted Fruit Juice
- Milk & Condiments**

13

- Breakfast**
- Mini Cinnis
- Sides for All Meals**
- Craisins
 - Assorted Fruit Juice
- Milk & Condiments**

14

- Breakfast**
- Mini Maple Madness Waffles
- Sides for All Meals**
- Fresh Pear
 - Assorted Fruit Juice
- Milk & Condiments**

15

- Breakfast**
- Apple Frudel
- Sides for All Meals**
- Raisins
 - Assorted Fruit Juice
- Milk & Condiments**

16

- Breakfast**
- Golden Grahams Cereal Bar
 - Low Fat Mozzarella String Cheese
- Sides for All Meals**
- Sliced Fresh Apples
 - Assorted Fruit Juice
- Milk & Condiments**

19

- Breakfast**
- Apple Cinnamon Soft Oatmeal Round
- Sides for All Meals**
- Raisins
 - Assorted Fruit Juice
- Milk & Condiments**

20

- Breakfast**
- Scooby Doo Graham Crackers
 - Strawberry Banana Yogurt
- Sides for All Meals**
- Fresh Banana
 - Assorted Fruit Juice
- Milk & Condiments**

21

- Breakfast**
- Mini French Toast
- Sides for All Meals**
- Unsweetened Applesauce
 - Assorted Fruit Juice
- Milk & Condiments**

22

- Breakfast**
- Strawberry Nutrigrain Bar
 - Low Fat Mozzarella String Cheese
- Sides for All Meals**
- Sliced Fresh Apples
 - Assorted Fruit Juice
- Milk & Condiments**

23

- Breakfast**
- Soft Filled Cinnamon Toast Crunch Bar
- Sides for All Meals**
- Craisins
 - Assorted Fruit Juice
- Milk & Condiments**